



श्री काशी विश्वनाथ पञ्चाङ्ग २०१७

Shree Kashi Vishwanath Panchang 2017

विक्रम संवत् २०७३-२०७४

शक संवत् १९३९

Vikaram Samvat 2073-2074

Shak Samvat 1939



विश्व शक्ति दुर्गा मन्दिर

VISHVA SHAKTI DURGA MANDIR ASSOCIATION
55 CLAREY AVE., OTTAWA ON K1S 2R6 CANADA (Ph. 613-321-0675)

पंडित रविन्द्र नारायण पाण्डेय

Pundit Ravindra Narayan Pandey

Ph. 613-228-1305

॥ पूजा निम्न विधि से करें ॥

- ॐ अमुक देवम् / देवीम् आह्वयामि । Om Amuk Devam / Devim
Avahayami (offer a flower or rice akshat)
- ॐ अमुक देवम् / देवीम् स्थापयामि । Om Amuk Devam / Devim
sthapayami (offer a flower or rice akshat)
- ॐ अमुक देवम् / देवीम् पाद्यं समर्पयामि । Om Amuk Devam / Devim
Padyam samarpayami (offer a spoonful of water at the feet of God / Goddess)
- ॐ अमुक देवम् / देवीम् अर्घ्यं समर्पयामि । Om Amuk Devam / Devim
Arghyam samarpayami (offer a spoonful of water)
- ॐ अमुक देवम् / देवीम् आचमनीयम् समर्पयामि । Om Amuk Devam / Devim
Achamaniyam samarpayami (offer a spoonful of water)
- ॐ अमुक देवम् / देवीम् पञ्चामृतम् समर्पयामि । Om Amuk Devam / Devim
Panchamrutam samarpayami (offer a spoonful of panchamrutam)
- ॐ अमुक देवीम् / देवम् स्नानीयम् जलं समर्पयामि । Om Amuk Devam / Devim
Snaniyam Jalam samarpayami (offer a spoonful of water)
- ॐ अमुक देवम् / अमुक देवम् वस्त्रोपवस्त्रम् समर्पयामि । Om Amuk Devam / Devim
Vastropavastram samarpayami (offer a dress or muli)
- ॐ अमुक देवम् / देवीम् गन्धं समर्पयामि । Om Amuk Devam / Devim
Gandham samarpayami (offer a paste of Sandal or Roli)
- ॐ अमुक देवम् / देवीम् अक्षतान् समर्पयामि । Om Amuk Devam / Devim
Akshatan Samarpayami (offer kumkum and rice)
- ॐ अमुक देवम् / देवीम् पुष्पं समर्पयामि । Om Amuk Devam / Devim
Pushpam Samarpayami (offer flower / garland)
- ॐ अमुक देवम् / देवीम् धूपं आघ्रापयामि । Om Amuk Devam / Devim
Dhoopam aghrapayami (light up the incense)
- ॐ अमुक देवम् / देवीम् दीपं दर्शयामि । Om Amuk Devam / Devim
Deepam darshayami (light up the ghee and oil lamp)
- ॐ अमुक देवम् / देवीम् नैवेद्यं निवेदयामि । Om Amuk Devam / Devim
Naivedyam Nivedayami (offer sweet and prasad)
- ॐ अमुक देवीम् / देवम् ताम्बूलफलानि च समर्पयामि ।
Om Amuk Devam / Devim Tambulam phalani cha samarpayami
(offer beetal nut, Paan leaf and fruit)
- ॐ अमुक देवम् / देवीम् नमस्कारान् समर्पयामि ।
Om Amuk Devam / Devim Namaskaran samarpayami
(offer namaskar with joined palms)
- ॐ अमुक देवम् / देवीम् प्रदक्षिणा करोमि । Om Amuk Devam / Devim Pradakshina karomi
(while standing, move round clock-wise at the same spot thrice, with joined palms)
- ॐ अमुक देवम् / देवीम् प्रार्थना मन्त्रपुष्पाञ्जलिं समर्पयामि ।
Om Amuk Devam / Devim Prarthana mantrapuspanjalim samarpayami
(while standing take some flowers in both hands together and offer the flowers)

Acharya Ravindra Narayan Pandey

FASTS & FESTIVALS 2017

प्रमुख पर्व और त्योहार सन् २०१७ ई०

JANUARY 2017

Paush-Maagh

पौष - माघ

DAY DATE
Samvat 2072

संवत् २०७२

New Year's Day 2017

ईसवी सन् २०१७ प्रारम्भ

Sun. 01

रवि. ०१

Vainayki Ganesh Chaturthi Vrat

वैनायकी गणेश चतुर्थी व्रत

Mon. 02

सोम. ०२

MahabhadraAshtami Vrat

महाभद्राष्टमी व्रत

Fri. 06

शुक्र. ०६

Putrada Ekadashi Vrat

पुत्रदा एकादशी व्रत

Sun. 08

रवि. ०८

BhoumPradosh Vrat

भौमप्रदोष व्रत

Tue. 10

मंग. १०

Poornima Vrat (Satyanarayan)

पूर्णिमा व्रत (सत्यनारायण)

Thu. 12

गुरु. १२

Maagh Snan (bath) begins

माघ स्नान प्रारम्भ

Thu. 12

गुरु. १२

Lohri Parv

लोहड़ी पर्व

Fri. 13

शुक्र. १३

Makar Sankranti (Maagh)

मकर संक्रान्ति (माघ)

Sat. 14

शनि. १४

Kharmas ends

Sat. 14

खरमास समाप्त	शनि.	१४
Sankashti Ganesh Chaturthi Vrat	Sun.	15
संकष्टी गणेश चतुर्थी व्रत (श्रीगणेश जन्म)	रवि.	१५
Shattila Ekadashi Vrat	Mon.	23
षटतिला एकादशी व्रत	सोम.	२३
Pradosh Vrat	Wed.	25
प्रदोष व्रत	बुध.	२५
Bharteeya Gantantra Divas	Thu.	26
भारतीय गणतंत्र दिवस (६६वां)	गुरू.	२६
Mauni Amavasya	Fri.	27
मौनी अमावस्या	शुक्र.	२७
Vainayki Ganesh Chaturthi Vrat	Tue.	31
वैनायकी गणेश चतुर्थी व्रत	मंग.	३१

FEBRUARY 2017

DAY DATE

Maagh- Falgun

Samvat 2073

माघ - फाल्गुन

संवत् २०७३

Vasant Panchmi (Saraswati pooja)	Wed.	01
वसन्त पंचमी (सरस्वती पूजा)	बुध.	०१
Rath Saptami	Fri.	03
रथ सप्तमी	शुक्र.	०३
Bheeshm Ashtami	Sat.	04
भीष्म अष्टमी (भीष्म पितामह श्राद्ध, तर्पण)	शनि.	०४
Jaya Ekadashi Vrat	Tue.	07
जया एकादशी व्रत	मंग.	०७
Bheeshm Dwadashi	Wed.	08

भीष्म द्वादशी(भीष्म पितामह श्राद्ध, तर्पण)	बुध.	०८
Pradosh Vrat	Wed.	08
प्रदोष व्रत	बुध.	०८
Maagh Snan (bath) ends	Fri.	10
माघ स्नान समाप्त	शुक्र.	१०
Guru Ravidas Jayanti	Fri.	10
गुरु रविदास जयन्ती	शुक्र.	१०
Poornima Vrat (Satyanarayan)	Fri.	10
पूर्णिमा व्रत (सत्यनारायण)	शुक्र.	१०
Sankranti (Falgun)	Sun.	12
संक्रान्ति (फाल्गुन)	रवि.	१२
Sankashti Ganesh Chaturthi Vrat	Tue.	14
संकष्टी गणेश चतुर्थी व्रत	मंग.	१४
Shri Durga Ashtami Vrat	Sun.	19
श्री दुर्गा अष्टमी व्रत	रवि.	१९
Vijaya Ekadashi Vrat	Wed.	22
विजया एकादशी व्रत	बुध.	२२
Pradosh Vrat	Fri.	24
प्रदोष व्रत	शुक्र.	२४
MahaShivaratri Vrat	Fri.	24
महाशिवरात्रि व्रत	शुक्र.	२४
Amavasya	Sun.	26
अमावस्या	रवि.	२६

MARCH 2017
Falgun- Chaitra

DAY DATE
Samvat 2073/2074

फाल्गुन - चैत्र

संवत् २०७३/२०७४

Vainayki Ganesh Chaturthi Vrat वैनायकी गणेश चतुर्थी व्रत	Thu. गुरु.	02 ०२
Holashtak begins होलाष्टक प्रारम्भ	Sun. रवि.	05 ०५
Aamlaki (Rangbhari) Ekadashi Vrat आमलकी (रंगभरी) एकादशी व्रत	Wed. बुध.	08 ०८
Govind Dwadashi गोविन्द द्वादशी	Thu. गुरु.	09 ०९
Pradosh Vrat प्रदोष व्रत	Fri. शुक्र.	10 १०
Holika Dahan (Vrtay Poornima) होलिका दहन (व्रताय पूर्णिमा) (सत्यनारायण)	Sun. रवि.	12 १२
Holashtak ends (Holi) होलाष्टक समाप्त (होली)	Sun. रवि.	12 १२
Holi होली	Mon. सोम.	13 १३
Sankranti (Chaitra) संक्रान्ति (चैत्र)	Tue. मंग.	14 १४
Sankashti Ganesh Chaturthi Vrat संकष्टी गणेश चतुर्थी व्रत	Thu. गुरु.	16 १६
Bhanusaptami भानुसप्तमी	Sun. रवि.	19 १९
Shree Sheetala Ashtami Vrat श्री शीतला अष्टमी व्रत	Mon. सोम.	20 २०

Vridhangkarak Parv वृद्धाङ्गकारक पर्व (बुढ़वामंगल)	Tue.	21
	मंग.	२१
Papmochani Ekadashi Vrat पापमोचनी एकादशी व्रत	Fri.	24
	शुक्र.	२४
Shani Pradosh Vrat शनि प्रदोष व्रत	Sat.	25
	शनि.	२५
Mahavaruni parv महावारुणी पर्व	Sat.	25
	शनि.	२५
Bhaumavati Amavasya भौमावती अमावस्या	Tue.	28
	मंग.	२८
Chandr Samvatsar 2073 ends विक्रम (चन्द्र) संवत्सर २०७३ समाप्त	Tue.	28
	मंग.	२८
Vikram Samvatsar 2074 begins विक्रम संवत्सर २०७४ नववर्ष प्रारम्भ	Tue.	28
	मंग.	२८
Vasant Navratri begins वसन्त नवरात्रि प्रारम्भ	Tue.	28
	मंग.	२८
Sindhi New Year's Day सिन्धी नववर्ष दिवस	Tue.	28
	मंग.	२८
Matsya Jayanti मत्स्य जयन्ती	Thu.	30
	गुरु.	३०
Guri Tertiya (Gunguar) गौरी तृतीया (गणगौर)	Thu.	30
	गुरु.	३०
Vainayki Ganesh Chaturthi Vrat वैनायकी गणेश चतुर्थी व्रत	Fri.	31
	शुक्र.	३१

APRIL 2017

Day Date

Chaitra - Vaishakh Samvat 2074 - 2075
चैत्र - वैशाख संवत् २०७४ - २०७५

Shree Skand Shashthi (Kumar) श्री स्कन्द षष्ठी (कुमार)	Sun. 02 रवि. ०२
Shree Sheetala Saptami Vrat श्री शीतला सप्तमी व्रत (बनारस महानिशा पूजा)	Mon. 03 सोम. ०३
Shree Sheetala Ashtami Vrat श्री शीतला अष्टमी व्रत (बसिअउरा)	Tue. 04 मंग. ०४
Shree Durga Ashtami Vrat श्री दुर्गा अष्टमी व्रत (कन्यापूजन)	Tue. 04 मंग. ०४
Shree Ramnavami Vrat श्री रामनवमी व्रत (श्री राम जन्म)	Tue. 04 मंग. ०४
Navratri Vrat paran नवरात्रि व्रत पारण	Wed. 05 बुध. ०५
Kamda Ekadashi Vrat कामदा एकादशी व्रत	Fri. 07 शुक्र. ०७
Shani Pradosh Vrat शनि प्रदोष व्रत	Sat. 08 शनि. ०८
Vishnu Damnotsav विष्णु दमनोत्सव	Sat. 08 शनि. ०८
Annag Tryodashi Vrat अनंग त्रयोदशी व्रत	Sat. 08 शनि. ०८
Shree Mahaveer Jayanti (Jain) श्री महावीर जयन्ती (जैन)	Sun. 09 रवि. ०९
Poornima Satyanarayan Vrat	Tue. 11

पूणिमा (सत्यनारायण) व्रत	मंग.	११
Hanuman Jayanti	Tue.	11
हनुमान जयन्ती (दक्षिण भारत)	मंग.	११
Vaishakh Snan (bath) begins	Tue.	11
वैशाख स्नान प्रारम्भ	मंग.	११
Sankranti (Vaishakh)	Thu.	13
संक्रान्ति (वैशाख)	गुरु.	१३
Vaishakhi Parv (Sattu Daan)	Thu.	13
वैशाखी पर्व (सत्तु दान)	गुरु.	१३
Ganesh Chaturthi Vrat	Fri.	14
गणेश चतुर्थी व्रत	शुक्र.	१४
Varuthini Ekadashi Vrat	Sat.	22
वरुथिनी एकादशी व्रत	शनि.	२२
Som Pradosh Vrat	Mon.	24
सोमप्रदोष व्रत	सोम.	२४
Amavasya	Wed.	26
अमावस्या	बुध.	२६
Parshuram Jayanti	Fri.	28
परशुराम जयन्ती	शुक्र.	२८
Akshya Trutiya	Fri.	28
अक्षय तृतीया	शुक्र.	२८
Ganesh Chaturthi Vrat	Sat.	29
गणेश चतुर्थी व्रत	शनि.	२९
Aady Guru Shankaracharya Jayanti	Sun.	30
आद्य गुरु शंकराचार्य जयन्ती	रवि.	३०

MAY 2017
Vaishakh-Jyeshth
वैशाख - ज्येष्ठ

DAY DATE
Samvat 2074
संवत् २०७४

Shree Ganga Jayanti (Gangapoojan) श्री गंगा जयन्ती (गंगा पूजन)	Tue. 02 मंग. ०२
DurgaAshtami Vrat दुर्गाअष्टमी व्रत	Wed. 03 बुध. ०३
Shree Bagulamukhi Jayanti श्री बगुलामुखी जयन्ती	Wed. 03 बुध. ०३
Seeta Jayanti (Seeta Birthday) सीता जयन्ती (श्री सीता जन्म)	Thu. 04 गुरु. ०४
Mohini Ekadashi Vrat मोहिनी एकादशी व्रत	Sat. 06 शनि. ०६
SomPradosh Vrat सोम प्रदोष व्रत	Mon. 08 सोम. ०८
Shree Nrusingh Jayanti श्री नृसिंह जयन्ती	Tue. 09 मंग. ०९
Shree Koorm Jayanti श्री कूर्म जयन्ती	Wed. 10 बुध. १०
Buddh Poornima (BuddhJayanti) Satyanarayan Vrat बुद्ध पूर्णिमा (बुद्ध जयन्ती) (सत्यनारायण व्रत)	Wed. 10 बुध. १०
Sankranti (Jyeshth) संक्रान्ति (ज्येष्ठ)	Sun. 14 रवि. १४
Vainayki Ganesh Chaturthi Vrat	Sun. 14

वैनायकी गणेश चतुर्थी व्रत	रवि.	१४
Achla (Apra) Ekadashi Vrat	Mon.	22
अचला (अपरा) एकादशी व्रत	सोम.	२२
Pradosh Vrat	Tue.	23
प्रदोष व्रत	मंग.	२३
Amavasya	Thu.	25
अमावस्या	गुरु.	२५
Shree Shanaishchar Jayanti	Thu.	25
श्री शनैश्वर जयन्ती	गुरु.	२५
Vat Savitri Vrat (North India)	Thu.	25
वट सावित्री व्रत (उत्तर भारत)	गुरु.	२५
Rambha Trutiya	Sun.	28
रम्भा तृतीया	रवि.	२८
Vainayki Ganesh Chaturthi Vrat	Mon.	29
वैनायकी गणेश चतुर्थी व्रत	सोम.	२९
Vindhyavasini Pooja	Wed.	31
विन्ध्यवासिनी पूजा	बुध.	३१

JUNE 2017

Jyeshth – Aashadh

ज्येष्ठ – आषाढ

DAY DATE

Samvat 2074

संवत् २०७४

Shree Sheetala Ashtami Vrat	Thu.	01
श्री शीतला अष्टमी व्रत	गुरु.	०१
Ksheer Bhavani (Mela)	Thu.	01
क्षीर भवानी (मेला)	गुरु.	०१
Ganga Dashara	Sun.	04

गंगा दशहरा	रवि.	०४
Nirjala Ekadashi Vrat	Mon.	05
निर्जला एकादशी व्रत	सोम.	०५
BhaumPradosh Vrat	Tue.	06
भौम प्रदोष व्रत	मंग.	०६
Vat Savitri Vrat (South India)	Thu.	08
वट सावित्री व्रत (दक्षिण भारत)	गुरु.	०८
Poornima (Satyanarayan) Vrat	Thu.	08
पूर्णिमा (सत्यनारायण) व्रत	गुरु.	०८
Poornima Vrat	Fri.	09
पूर्णिमा व्रत	शुक्र.	०९
Sant Kabeer Jayanti	Fri.	09
संत कबीर जयन्ती (६१९वाँ)	शुक्र.	०९
Angarki Ganesh Chaturthi Vrat	Tue.	13
अङ्गारकी गणेश चतुर्थी व्रत	मंग.	१३
Sankranti (Aashadh)	Thu.	15
संक्रान्ति (आषाढ)	गुरु.	१५
Yogini Ekadashi Vrat	Tue.	20
योगिनी एकादशी व्रत	मंग.	२०
Surya Dakshinayan begins	Wed.	21
सूर्य दक्षिणायण प्रारम्भ	बुध.	२१
Pradosh Vrat	Wed.	21
प्रदोष व्रत	बुध.	२१
Shani Amavasya	Sat.	24
शनि अमावस्या	शनि.	२४

GuptNavratri (begins)	Sat.	24
गुप्त नवरात्री (प्रारम्भ)	शनि.	२४
Rathyatra (Puri)	Sun.	25
रथयात्रा (पुरी)	रवि.	२५
Sankashti Ganesh Chaturthi Vrat	Tue.	27
संकष्टी गणेश चतुर्थी व्रत	मंग.	२७
Shree Skand Shashthi (Kumar)	Thu.	29
श्री स्कन्द षष्ठी (कुमार)	गुरु.	२९

JULY 2017

DAY DATE

Aashadh – Shravan

Samvat 2074

आषाढ – श्रावण

संवत् २०७४

Shree Sheetala Ashtami Vrat	Sat.	01
श्री शीतला अष्टमी व्रत	शनि.	०१
GuptNavratri (Ends)	Sun.	02
गुप्त नवरात्री (समाप्त)	रवि.	०२
Harishayani Ekadashi Vrat	Tue.	04
हरिशयनी एकादशी व्रत	मंग.	०४
Chaturmasya Vrat begins	Tue.	04
चातुर्मास्य व्रत आरम्भ	मंग.	०४
Pradosh Vrat	Thu.	06
प्रदोष व्रत	गुरु.	०६
Poornima Vrat	Sat.	08
पूर्णिमा व्रत	शनि.	०८
Guru Poornima (Satyanarayan Vrat)	Sun.	09
गुरु पूर्णिमा (सत्यनारायण व्रत)	रवि.	०९

Shravan Somvar Vrat श्रावण सोमवार व्रत	Mon. 10 सोम. १०
Sankashti Ganesh Chaturthi Vrat संकष्टी गणेश चतुर्थी व्रत	Wed. 12 बुध. १२
Sankranti (Shravan) संक्रान्ति (श्रावण)	Sun. 16 रवि. १६
Shravan Somvar Vrat श्रावण सोमवार व्रत	Mon. 17 सोम. १७
Kamika Ekadashi Vrat कामिका एकादशी व्रत	Thu. 20 गुरु. २०
Pradosh Vrat प्रदोष व्रत	Fri. 21 शुक्र. २१
Amavasya (Hariyali) अमावस्या (हरियाली)	Sun. 23 रवि. २३
Shravan Somvar Vrat श्रावण सोमवार व्रत	Mon. 24 सोम. २४
Madhushrwa (Singhara) Teej Vrat मधुश्रवा (सिंघारा या स्वर्णगौरी) तीज व्रत	Wed. 26 बुध. २६
Vainayki Ganesh Chaturthi Vrat वैनायकी गणेश चतुर्थी व्रत	Thu. 27 गुरु. २७
Nag Panchmi नाग पंचमी	Thu. 27 गुरु. २७
Kalki Avatar (Jayanti) कल्कि अवतार (जयन्ती)	Fri. 28 शुक्र. २८
Goswami Tulsidas Jayanti	Sun. 30

गोस्वामी तुलसीदास जयन्ती	रवि.	३०
Shravan Somvar Vrat	Mon.	31
श्रावण सोमवार व्रत	सोम.	३१
Durga Ashtami (ShreeChintpurni)	Mon.	31
दुर्गा अष्टमी (श्री चिन्तपूर्णा माता)	सोम.	३१

AUGUST 2017

DAY DATE

Shravan – Bhadrapad

Samvat 2074

श्रावण – भाद्रपद

संवत् २०७४

PavitraEkadashi Vrat	Thu.	03
पवित्रा एकादशी व्रत	गुरु.	०३
Shani Pradosh Vrat	Sat.	05
शनि प्रदोष व्रत	शनि.	०५
Shravan Somvar Vrat	Mon.	07
श्रावण सोमवार व्रत	सोम.	०७
Poornima (Satyanarayan Vrat)	Mon.	07
पूर्णिमा व्रत (सत्यनारायण व्रत)	सोम.	०७
Rakshabandhan (Sharvani karm)	Mon.	07
रक्षाबन्धन (श्रावणी कर्म)	सोम.	०७
Shree Amarnath Gufa Darshan	Mon.	07
श्री अमरनाथ गुफा दर्शन	सोम.	०७
Lunar Eclipse (Khagras)	Mon.	07/8
चन्द्र ग्रहण (खग्रास)	सोम.	०७/८
Kajjali (Kajari)	Thu.	10
कज्जली (कजरी)	गुरु.	१०
Sankashti Ganesh Chaturthi Vrat	Fri.	11

संकष्टी (बहुला) गणेश चतुर्थी व्रत	शुक्र.	११
Hal Shashthi (Lalhi Shashthi) Vrat	Sun.	13
हल षष्ठी (ललही षष्ठी) व्रत	रवि.	१३
Shree Krishn Janmashtami Vrat	Mon.	14
श्री कृष्ण जन्माष्टमी व्रत	सोम.	१४
Bharat Svtantrata Divas	Tue.	15
भारत स्वतंत्रता दिवस	मंग.	१५
Gokulastami (Nandotsaw)	Wed.	16
गोकुलाष्टमी (नन्दोत्सव)	बुध.	१६
Shree Gugga Navami	Wed.	16
श्री गुग्गा नवमी	बुध.	१६
Sankranti (Bhadrapad)	Wed.	16
संक्रान्ति (भाद्रपद)	बुध.	१६
Jaya(Aja) Ekadashi Vrat	Fri.	18
जया (अजा) एकादशी व्रत	शुक्र.	१८
Shani Pradosh Vrat	Sat.	19
शनि प्रदोष व्रत	शनि.	१९
Somavati Amavasya (Peepal pooja)	Mon.	21
सोमावती अमावस्या (पीपल वृक्ष पूजन)	सोम.	२१
Amavasya (Kushgrahni)	Mon.	21
अमावस्या (कुशग्रहणी)	सोम.	२१
Khand Solar Eclipse	Mon.21/22	
खण्ड सूर्य ग्रहण	सोम. २१/२२	
Haritalika Teej Vrat	Thu.	24
हरितालिका तीज व्रत	गुरु.	२४

Varaha Avatar वाराह अवतार	Thu. 24 गुरु. २४
Shree Ganesh Poojan begins (Mumbai) श्री गणेश पूजन प्रारम्भ (मुम्बई, महाराष्ट्र)	Fri. 25 शुक्र. २५
Ganesh Chaturthi (Kalank) Vrat गणेश चतुर्थी व्रत (कलंक, पत्थर चौथ)	Fri. 25 शुक्र. २५
Rishi Panchmi Vrat ऋषि पंचमी व्रत	Sat. 26 शनि. २६
Lolark Shashthi Vrat लोलार्क षष्ठी व्रत	Sun. 27 रवि. २७
Shree Radha Ashtami श्री राधा अष्टमी (मथुरा राधाकुण्ड स्नान)	Tue. 29 मंग. २९
Shree Mahalakshmi Vrat begins श्री महालक्ष्मी व्रत प्रारम्भ	Tue. 29 मंग. २९

SEPTEMBER 2017

Bhadrapad- Ashvin

भाद्रपद – आश्विन

Padma Ekadashi Vrat

पद्मा एकादशी व्रत

Maharavivar Vrat

महारविवार व्रत

Vaman Jayanti

वामन जयन्ती

Pradosh Vrat

प्रदोष व्रत

DAY DATE

Samvat 2074

संवत् २०७४

Sat. 02

शनि. ०२

Sun. 03

रवि. ०३

Sun. 03

रवि. ०३

Sun. 03

रवि. ०३

ShreeGaneshPoojanends(Mumbai)	Tue.	05
श्री गणेश पूजन समाप्त (विसर्जन)(मुम्बई, महाराष्ट्र)	मंग.	०५
Anant Chaturdashi Vrat	Tue.	05
अनन्त चतुर्दशी व्रत	मंग.	०५
Poornima Vrat (Satyanarayan)	Wed.	06
पूर्णिमा (सत्यनारायण) व्रत	बुध.	०६
Poornima (Shraddh)	Wed.	06
पूर्णिमा श्राद्ध (पितृपक्ष या महालय)	बुध.	०६
Shraddh begins (Mahaly begins)	Thu.	07
श्राद्ध आरम्भ (पितृपक्ष या महालय आरम्भ)	गुरु.	०७
Pratipad shraddh (1st Day)	Thu.	07
प्रतिपद श्राद्ध (श्राद्ध पहला दिन)	गुरु.	०७
Dwitiya Shraddh (2nd Day)	Fri.	08
द्वितीया श्राद्ध (श्राद्ध दूसरा दिन)	शुक्र.	०८
Tritiya Shraddh (3rd Day)	Sat.	09
त्रितीया श्राद्ध (श्राद्ध तीसरा दिन)	शनि.	०९
Sankashti Ganesh Chaturthi Vrat	Sun.	10
संकष्टी गणेश चतुर्थी व्रत	रवि.	१०
Chaturthi/Panchmi Shraddh(4thDay)	Sun.	10
चतुर्थी / पञ्चमी श्राद्ध / (श्राद्ध चौथा दिन)	रवि.	१०
Panchami Shraddh (5th Day)	Mon.	11
पंचमी श्राद्ध (पञ्चमी तिथि का क्षय है) (श्राद्ध पांचवा दिन)	सोम.	११
Shashthi Shraddh (6th Day)	Tue.	12
षष्ठी श्राद्ध (श्राद्ध छठा दिन)	मंग.	१२
Saptami Shraddh (7th Day)	Tue.	12
सप्तमी श्राद्ध (श्राद्ध सातवां दिन)	मंग.	१२

Mahalakshmi Vrat महालक्ष्मी व्रत	Wed. 13 बुध. १३
Jeevatputrika Vrat जीवत्पुत्रिका व्रत	Wed. 13 बुध. १३
Ashtami Shraddh (8th Day) अष्टमी श्राद्ध (श्राद्ध आठवां दिन)	Wed. 13 बुध. १३
Navami Shraddh (9th Day) नवमी श्राद्ध (श्राद्ध नवां दिन)	Thu. 14 गुरु. १४
Dashmi Shraddh (10th Day) दशमी श्राद्ध (श्राद्ध दशवां दिन)	Fri. 15 शुक्र. १५
Ekadashi Shraddh (11th Day) एकादशी श्राद्ध (श्राद्ध ग्यारहवां दिन)	Sat. 16 शनि. १६
Indira Ekadashi Vrat इन्दिरा एकादशी व्रत	Sat. 16 शनि. १६
Sankranti (Ashvin) संक्रान्ति (आश्विन)	Sat. 16 शनि. १६
Dwadashi Shraddh (12th Day) द्वादशी श्राद्ध (श्राद्ध बारहवां दिन)	Sun. 17 रवि. १७
Pradosh Vrat प्रदोष व्रत	Sun. 17 रवि. १७
Vishvakarma Pooja (UttarPradesh) विश्वकर्मा पूजा (उत्तर प्रदेश)	Sun. 17 रवि. १७
Pradosh Vrat प्रदोष व्रत	Sun. 17 रवि. १७
Trayodashi Shraddh (13th Day) त्रयोदशी श्राद्ध (श्राद्ध तेरहवां दिन)	Mon. 18 सोम. १८

Chaturdashi Shraddh (14th Day) चर्तुदशी श्राद्ध (श्राद्ध चौदहवां दिन)	Tue.	19
	मंग.	१९
Amavasya Shraddh अमावस्या श्राद्ध पितृविसर्जन	Tue.	19
	मंग.	१९
Amavasya (Shraddh ends) अमावस्या (श्राद्ध समाप्त) पितृविसर्जन	Wed.	20
	बुध.	२०
Sharad Navratri begins शरद नवरात्रि प्रारम्भ	Thu.	21
	गुरु.	२१
Vainayki Ganesh Chaturthi Vrat वैनायकी गणेश चतुर्थी व्रत	Sun.	24
	रवि.	२४
Shree Saraswati Poojan begins श्री सरस्वती पूजन प्रारम्भ	Wed.	27
	बुध.	२७
Shree Durga Ashtami (Kanya Pooja) श्री दुर्गा अष्टमी (कन्या पूजन)	Thu.	28
	गुरु.	२८
Shree Saraswati Poojan ends श्री सरस्वती विसर्जन	Fri.	29
	शुक्र.	२९
Maha Navami (Navratri ends) महानवमी (नवरात्रि समाप्त)	Fri.	29
	गुरु.	२९
Vijaya Dashmi विजया दशमी	Sat.	30
	शनि.	३०

OCTOBER 2017

Ashvin – Kartik

आश्विन – कार्तिक

Papankusha Ekadashi Vrat

पापाङ्कुशा एकादशी व्रत

DAY DATE

Samvat 2074

संवत् २०७४

Sun. 01

रवि. ०१

Mahatma Gandhi Jayanti महात्मा गांधी जयन्ती	Mon. 02 सोम. ०२
Bhaum Pradosh Vrat भौम प्रदोष व्रत	Tue. 03 मंग. ०३
Poornima (Satyanarayan) Vrat पूर्णिमा (शरद) (सत्यनारायण) व्रत	Thu. 05 गुरु. ०५
Maharshi Valmiki Jayanti महर्षि वाल्मीकि जयन्ती	Thu. 05 गुरु. ०५
Kartik Sanan (bath) begins कार्तिक स्नान प्रारम्भ	Thu. 05 गुरु. ०५
Karva Chauth Vrat (Ganesh Chaturthi Vrat) करवा चौथ व्रत (गणेश चतुर्थी व्रत)	Sun. 08 रवि. ०८
Ahoi Ashtami अहोई अष्टमी	Thu. 12 गुरु. १२
Rambha(Rama) Ekadashi Vrat रम्भा(रमा) एकादशी व्रत	Sun. 15 रवि. १५
Govats Dwadashi गोवत्स द्वादशी	Mon. 16 सोम. १६
Sankranti (Kartik) संक्रान्ति (कार्तिक)	Tue. 17 मंग. १७
Pradosh Vrat प्रदोष व्रत	Tue. 17 मंग. १७
Dhan Trayodashi (Dhanteras) धन त्रयोदशी (धनतेरस)	Tue. 17 मंग. १७
Hanuman Jayanti (Hanuman janam)	Wed. 18

हनुमान जयन्ती (हनुमान जन्म)	बुध.	१८
Narak Chaturdashi	Wed.	18
नरक चतुर्दशी	बुध.	१८
Deepavali (Amavasya)	Thu.	19
दीपावली (अमावस्या)	गुरु.	१९
Govardhan Pooja (Annkoot)	Fri.	20
गोवर्धन पूजा (अन्नकूट)	शुक्र.	२०
Vishvakarma Pooja (Punjab)	Sat.	21
विश्वकर्मा पूजा (पंजाब)	शनि.	२१
Bhai Dooj (Yama Dwitiya)	Sat.	21
भाई दूज (यम द्वितीया)	शनि.	२१
Chitragupt pooja (Kalam- dawat pooja)	Sat.	21
चित्र गुप्त पूजा (कलम-दावात पूजा)	शनि.	२१
Vainayki Ganesh Chaturthi Vrat	Mon.	23
वैनायकी गणेश चतुर्थी व्रत	सोम.	२३
Surya Shashthi Vrat begins	Mon.	23
सूर्यषष्ठी व्रत आरम्भ	सोम.	२३
Surya Shashthi Vrat 2 nd day	Tue.	24
सूर्यषष्ठी व्रत द्वितीय दिन	मंग.	२४
Surya Shashthi Vrat 3 rd day	Wed.	25
सूर्यषष्ठी व्रत तृतीय दिन	बुध.	२५
Gopashtami (Cow pooja)	Sat.	28
गोपाष्टमी (गो पूजा)	शनि.	२८
Akashya Navami	Sun.	29
अक्षय नवमी	रवि.	२९

Shree Bheeshmpanchak begins Tue. 31
श्री भीष्मपञ्चक आरम्भ मंग. ३१

Hari Prabodhani Ekadashi Vrat Tue. 31
हरि प्रबोधनी एकादशी व्रत मंग. ३१

NOVEMBER 2017 DAY DATE

Kartik – Margsheersh Samvat 2074

कार्तिक – मार्गशीर्ष संवत् २०७४

Tulsi Vivah (Tulsi Marriage) Wed. 01
तुलसी विवाह बुध. ०१

Chaturmas Vrat ends Wed. 01
चातुर्मास व्रत समाप्त बुध. ०१

Pradosh Vrat Wed. 01
प्रदोष व्रत बुध. ०१

Shree Vaikunth Chaturdashi Vrat Thu. 02
श्री वैकुण्ठ चतुर्दशी व्रत गुरु. ०२

PoornimaVrat Fri. 03
पूर्णिमा व्रत शुक्र. ०३

Poornima (Satyanarayan) Vrat Sat. 04
पूर्णिमा (सत्यनारायण) व्रत शनि. ०४

Guru Nanak Jayanti Sat. 04
गुरु नानक जयन्ती शनि. ०४

Shree Bheeshmpanchak ends Sat. 04
श्री भीष्मपञ्चक समाप्त शनि. ०४

Kartik Snan (bath) ends Sat. 04
कार्तिक स्नान समाप्त शनि. ०४

Angarki Ganesh Chaturthi Vrat अङ्गारकी गणेश चतुर्थी व्रत	Tue. मंग.	07 ०७
Shree Kalbhairav Ashtami श्री कालभैरव अष्टमी	Fri. शुक्र.	10 १०
Utpanna Ekadashi Vrat उत्पन्ना एकादशी व्रत	Tue. मंग.	14 १४
Pradosh Vrat प्रदोष व्रत	Wed. बुध.	15 १५
Sankranti (Margsheersh) संक्रान्ति (मार्गशीर्ष)	Thu. गुरु.	16 १६
Shani Amavasya शनि अमावस्या	Sat. शनि.	18 १८
Vainayki Ganesh Chaturthi Vrat वैनायकी गणेश चतुर्थी व्रत	Wed. बुध.	22 २२
Shree Ram Vivah (Ram Marriage) श्री राम विवाह	Thu. गुरु.	23 २३
Skand Shashthi (Champashashthi) स्कन्द षष्ठी (चम्पाषष्ठी)	Fri. शुक्र.	24 २४
Shree Sheetala Ashtami Vrat श्री शीतला अष्टमी व्रत	Mon. सोम.	27 २७
Mokshada Ekadashi Vrat मोक्षदा एकादशी व्रत	Thu. गुरु.	30 ३०
Shree Geeta Jayanti श्री गीता जयन्ती	Thu. गुरु.	30 ३०

DECEMBER

2017

DAY DATE

Margsheersh – Paush
मार्गशीर्ष - पौष

Samvat 2074
संवत् २०७४

Pradosh Vrat प्रदोष व्रत	Fri. शुक्र.	01 ०१
Pishachmochan Shraddh (Varanasi) पिशाचमोचन श्राद्ध (वाराणसी, काशी)	Sat. शनि.	02 ०२
Dattatreya Jayanti दत्तात्रेय जयन्ती	Sun. रवि.	03 ०३
Poornima Vrat (Satyanarayan) पूर्णिमा व्रत (सत्यनारायण कथा)	Sun. रवि.	03 ०३
Sri Ganesh Chaturthi Vrat श्री गणेश चतुर्थी व्रत	Wed. बुध.	06 ०६
Guru pushya Yog गुरु पुष्य योग	Thu. गुरु.	07 ०७
Rukmani Ashtami Vrat बुध अष्टमी व्रत	Sun. रवि.	10 १०
Saphala Ekadashi Vrat सफला एकादशी व्रत	Wed. बुध.	13 १३
Sankranti (Paush) संक्रान्ति (पौष)	Fri. शुक्र.	15 १५
SomPradosh Vrat सोमप्रदोष व्रत	Fri. शुक्र.	15 १५
Kharmas begins खरमास प्रारम्भ	Sat. शनि.	16 १६
Somavati Amavasya	Mon. शनि.	18 १८

सोमावती अमावस्या	सोम.	१८
Surya Uttarayan	Thu.	21
सूर्य उत्तरायण	गुरु.	२१
Sankashti Ganesh Chaturthi Vrat	Fri.	22
संकष्टी गणेश चतुर्थी व्रत	शुक्र.	२२
Christmas Day	Mon.	25
क्रिसमस दिवस	सोम.	२५
Shree Sheetala Ashtami Vrat	Tue.	26
श्री शीतला अष्टमी व्रत	मंग.	२६
Putrada Ekadashi Vrat	Fri.	29
पुत्रदा एकादशी व्रत	शुक्र.	२९
ShaniPradosh Vrat	Sat.	30
शनि प्रदोष व्रत	शनि.	३०



गायत्री मन्त्र –

ॐ भू भुवः स्वः तत्सवितुर्वरेण्यं । भर्गो देवस्य धीमहि, धियो यो नः प्रचोदयात् ॥

गायत्री मन्त्र का अर्थ-

(सत् चित् आनन्दस्वरूप सृष्टिकर्ता प्रकाशमान परमात्मा के उस प्रसिद्ध वरणीय तेज का (हम) ध्यान करते हैं, जो परमात्मा हमारी बुद्धि को (सत् की ओर) प्रेरित करे)।

Gayatri Mantra-

**Om bhurbhuvah svah, tatsaviturvarenyam,
Bhargo devasya dhimahi dhiyo yo nah pracodayat.**

Meaning:

We meditate on that God's glory who has created the universe, who is fit to be worshipped, who is the embodiment of knowledge and light, who is the remover of all sins and ignorance. May He enlighten our intellects.

Procedures Observing Fasts on Seven Days Of the week

सोमवार व्रत – शुक्ल पक्ष के सोमवार से शुरू करें, मानसिक शान्ति एवं पारिवारिक शान्ति हेतु शुभ फलदायक है। अधिक से अधिक जितना हो सके चंद्रमा के मंत्र का जप करें। शिव-पार्वती की फूल, चावल, पंचामृत, धूप, दीप आदि से पूजा करें। खट्टा व नमक खाना मना है, सफेद भोजन जैसे चावल, खीर आदि एक समय खायें। सफेद वस्तु का दान करें, स्वयं भी सफेद वस्त्र व अन्य श्वेत द्रव्य का प्रयोग करें। कुल ५४ सोमवारों का व्रत करें। सोलह सोमवार व्रत भी किये जा सकते हैं। अन्तिम व्रत में साङ्गोपाङ्ग शिव पूजा करें, हवनादि कर्म करें, बालकों को भोजन करा सकते हैं।

Monday Fast- Start this fast on any Monday of Shukla Paksha. This fast is observed for mental peace and family happiness. Recite as much as possible Moon-mantra. Perform Shiv Parwati pooja with flowers, rice, lamp, incense and panchamrit etc. Take meals only once. Use of salt and pickles is prohibited. Wear white and donate white clothes. Observe 54 fasts. It is also useful to observe 16 Monday fasts only. Perform pooja and hawan methodically on the day of last fast. Distribute food among small children.

मंगलवार व्रत– मानसिक व शारीरिक रोगों की निवृत्ति एवं क्रोध शमन के लिए शुक्ल पक्ष के मंगलवार से व्रत प्रारम्भ करें, २१ व्रत करें। गुड़ के हलवे का प्रसाद भोग लगायें, भक्तों को भी प्रसाद वितरण करें, नमक खाना वर्जित है, हनुमान जी की पूजा करें, लाल वस्त्र धारण करें, कम से कम सात माला मंगल के मंत्र का जप करें। हनुमान चालिसा का पाठ भी हितकर होगा। अन्तिम मंगल को विधिवत पूजा हवन कर २१ बालकों को भोजन करावें और मीठा भी खिलाना चाहिये।

Tuesday Fast-

This fast is observed for the cure of physical and mental ailments, particularly to suppress anger. Start fasting on any Tuesday of Shukla Paksha and observe 21 fasts. Distribute and take yourself prasad of gur and halwa. Wear red clothes. Perform pooja of Hanumanji and recite basic Mangal mantra for at least 7 times. It is also useful to recite Hanuman Chalisa. On the day of last fast, perform Mangal pooja methodically and serve sweet food to 21 young boys.

बुधवार व्रत– यह व्रत शुक्ल पक्ष के पहले बुधवार से प्रारम्भ कर सकते हैं, बौद्धिक विकास के लिये, व्यर्थ की दौड़ धूप एवं मानसिक संकटों की निवृत्ति हेतु इस व्रत को करते हैं। कुल ४५ व्रत करें, बुध के मंत्र की कम से कम सात माला जप करें। हरे रंग को अधिक प्रयोग में लायें एवं दान भी करें, मूंग के हलवे का प्रसाद वितरण करें। सूर्यास्त से पहले एक बार नमक रहित भोजन करें। अन्तिम बुधवार को विष्णु भगवान व गणेश जी की पूजा करें। बुध के मंत्र से हवन करें, बुध से संबन्धित दान करें, ब्राह्मणों को भोजन करायें।

Wednesday fast-

This fast is also to be started on the first Wednesday of Shukla Paksha for mental development and to avoid mental problems. In total 45 fasts are required. Recite at least 7 times the basic Budh-mantra. Make an extra effort to use green color and distribute alms. Avoid taking salt and take food only once prior to sun-set. On the last day of the fast, pray to Lord Vishnu and Ganesha, perform hawan with Budh-mantra, distribute food and money to Brahmins.

बृहस्पतिवार व्रत – यह व्रत पारिवारिक शुख शान्ति, सौभाग्य प्राप्ति, सन्तति लाभ, आध्यात्मिक प्रगति के लिये करना चाहिये। कुल १६ बृहस्पतिवार का व्रत करें। विष्णुभगवान की पूजा और बृहस्पति मंत्र का जप करें। पीले रंग की बनी वस्तुओं का दान करें और नमक रहित पीले खाद्यपदार्थों का भगवान को भोग लगाकर प्रसाद वितरण करें और स्वयं खायें। यह व्रत शुक्लपक्ष के प्रथम बृहस्पतिवार से शुरू करके अन्तिम बृहस्पतिवार तक किये गये मंत्र जप और विष्णुसहस्रनाम के द्वारा हवन करना चाहिये। ब्राह्मणों और संतों को भोजन तथा दक्षिणा देकर व्रत का समापन करना चाहिये।

Thursday Fast –

This fast is observed for family peace and happiness, good luck, meeting with saints and learned people and spiritual uplift. Observe a total of 16 fasts. Pray to Thursday Devata and recite Thursday-mantra. Distribute yellow coloured things. Consume yellow coloured food devoid of salt. Start fasting on the first Thursday of Shukla Paksha. On the last day of the fast, perform hawan with mantra and thousand Vishnu names. Complete the fast with the distribution of food and money to saintly people.

शुक्रवार व्रत – शुक्रवार का व्रत शुक्ल पक्ष के प्रथम शुक्रवार से पारिवारिक जीवन एवं गृह सुख शान्ति और गुप्त रोगों की निवृत्ति हेतु करना चाहिये। कुल २१ दिन व्रत करें कम से कम तीन माला शुक्रमंत्र का जप करना चाहिये। दूध, दही, चीनी, चावल का उपभोग व दान करना चाहिये। श्वेत वस्त्र पहनना चाहिये श्वेत चंदन का तिलक लगाना चाहिये। देवी की पूजा करनी चाहिये। खट्टा, नमक का सेवन न करें मिष्ठान्न भोजन कर सकते हैं। शुक्र मंत्र से अंतिम शुक्रवार को हवन करना चाहिये खीर का प्रसाद वितरण करना चाहिये तत्पश्चात् स्वयं भी भोजन करें, सांसारिक सुख ऐश्वर्य के लिये यह व्रत उत्तम माना गया है।

Friday Fast –

The fast is observed for family happiness and peace and to get rid of hidden ailments. Start this fast on the first Friday of Shukla Paksha. A minimum of 21 fasts are required. Recite at least three cycles of basic Shukra- mantra. Use and distribute milk, sugar, curd and rice etc. Wear white clothes and apply tilak of white sandalwood. It will also be useful to offer pooja to Devi

mata. Take sweet meals only once avoiding salt and pickles. On the last day of the fast, perform hawan with the recitation of Shukra-mantra. Distribute to others and consume kheer prashad.

शनिवार व्रत – शनिवार का व्रत शुक्ल पक्ष से प्रारम्भ करके कुल ५१ व्रत रखना चाहिये। अन्तिम शनिवार को हवनादि कर्म करके तेल से बनें प्रसाद को दान करें और स्वयं भोजन करें। पदोन्नति, सांसारिक क्लेश निवृत्ति, मान वृद्धि, झगडा वाद विवादादि की समाप्ति हेतु यह व्रत करना चाहिये। शनिवार को शनि देवता की पूजा करनी चाहिये, शनि मंत्र की सात माला जप करें। काले और नीले रंग का प्रयोग करें। नारियल, जूता, छाता, शीशा, लोहादि का दान करें हो सके तो पीपल को पानी देना चाहिये तेल से बनें पदार्थ कुत्ते को खाने के लिये देना चाहिये। हनुमान चालिसा व संकटमोचन का पाठ करना चाहिये।

Saturday Fast-

Start this fast on a Saturday of Shukla Paksha and observe 51 fasts. This fast is observed for the elimination of arguments, clashes and tensions in life. Offer pooja to Shani devata and recite at least 7 cycles of Shani Mantra. Use black and blue color extensively. if possible, water papal tree. Also distribute coconut, shoes, umbrella, mirror and items made of iron.

रविवार व्रत –सूर्य ग्रह की शान्ति के लिये चर्मरोग, नेत्र रोग तथा अन्य शारीरिक रोग, गले के रोगों से रक्षा के लिये किसी भी मास के शुक्ल पक्ष के प्रथम रविवार से व्रत प्रारम्भ करना चाहिये। एक वर्ष तक व्रत करें, व्रत के दिन सूर्योदय से पूर्व उठें, स्नानोपरान्त लाल चन्दन का तिलक करें, सूर्य मंत्र का जप करें, सूर्य को अर्घ्य दें। सूर्यास्त से पूर्व ही एक समय भोजन करें, नमक नहीं खाना चाहिये। व्रत के अन्तिम रविवार को हवन करें, ब्राह्मण भोजन व सूर्य की पूजा विधिवत करें, ताम्र पात्र व गेहूँ, रक्त वस्त्र पहनना और दान करना चाहिये।

Sunday Fast-

This fast is observed to please Sun and is useful for the cure of skin, throat, eye and other physical ailments. Begin this fast on any Sunday of Shukla Paksha of any month and continue fasting for one year. Get up prior to sun-rise on the fasting day. Apply tilak with red sandalwood after bath. Recite Sun-mantara and offer water (aragh) to the Sun. Take food only once prior to sunset. Use of salt is prohibited. Perform hawan on the last day of the fast. Worship Sun methodically and offer food to Brahmins. Wear red coloured clothes and distribute red clothes, copper utensils and wheat on the day of last fast.

Scriptural Ways to observe fasts, festivals and other important days

Poornima (full-Moon)-Keep a fast and worship Lord Vishnu by a recital of Narayan, and if possible, recite Vishnu-Sahasra-nam and Purush-sukta.

Satya-Narayan Fast-In the early evening, worship Lord Narayan through sixteen offerings. Recite and listen to the legends of Lord Narayan. After worship and prayers, distribute with devotion and faith sacred food (Prasad) among the gathered friends and relatives followed by a Preeti-Bhoj.

Makar-Sankranti (first day of month Magh)-Special merit is obtained by a bath either at Haridwar or Triveni. Recite mantra “Om Namoh Bhagavate Vasudevaya”. Give away balls made of sesame seeds.

Sankat Shree Ganesh Chaturthi- Keep a fast and worship Lord Ganesh. End the fast by offering (aargha) to the Moon at night. Offer sweet balls (Ladoos) to Lord Ganesh ji. Recite the following mantra by one rosary (Mala 108 beads) “Om Ganganptaye Namah”.

Vasant-panchami- Worship Lord Vishnu and Goddess Saraswati in the morning with the recitation of appropriate mantras and offerings.

Shree Maha-Shivratri- Keep a fast from morning, recite Lord Shiv's name all day and keep awake all night. Offer four different worships to Lord Shiv with fruits, flowers, leaves and fruit of Bil plant. Take a bath on the following morning, offer food to Brahmins and finally end the fast. Through this fast and worship one attains Lord Shiva's realm.

Holi- Celebrate with joy the colorful and pure festival of Holi. In the evening holika is offered to fire while praying for release from all sins and other diseases.

Chaitra Shukla prati-pada (Navratri)- This is the start of the new year and the first day of the spring Navratras (nine nights). This day is regarded as very auspicious. Worship Lord Brahma and other gods. Lord Ganesh, Mother Goddess Durga and Brahmins. After installing a ceremonial water vessel (Kalash Sthapana), engage in worships and recitals up to the day of Ram-Navami. Surely the rest of the year will bring you comfort and happiness.

Shree Durga Ashtami- Offer special worship to Mother Goddess and young maidens. Perform a Havan as an offering to Mother Durga.

Shree Ram-navami-Offer worship to Lord Ram at noon. One obtains supreme state by keeping a fast, reciting Lord Ram's name, and by a recital of Ram-charit-manas.

Akshaya Tritiya- This day is regarded as auspicious which bestows success by itself for all actions performed that day.

Nirjala Ekadashi- Keep a fast without even sipping water. Worship Lord Vishnu and recite Vishnu sahasra naam.

Ganga Dashami- If possible, take bath in the Ganges. Otherwise bow to holy river Ganges.

Vyas (Guru) Poornima- Worship Sage Vyas-dev-jee. Pray to your Gurus and Scriptures by offering flowers, fruits and donations. Remember and bow to Bhagawan Vyas regarded as Lord Vishnu.

Raksha-bandhan- Sister should tie Rakhi on her brother's hand and offer him sweets strengthening pure relationship of a brother and sister.

Shree Krishna Janmashtami- Keep a fast as a mark of respect for Lord Krishna. Worship Him according to the scriptures with the offering of butter and crystallized sugar (mishri). Celebrate the occasion with great joy, mirth and enthusiasm at midnight. Recite as many times as possible the Krishan mantras throughout the day.

“Shree Krishna Govind Hare Murare. Hey Nath Narayan Vasudev”.

“Hare Krishna Hare Krishna Krishana Krishana Harey Harey.”

Vinayak Chaturthi Vrat- Keep a fast for Lord Shree Ganesh and worship Him with offerings of fruits, flowers and sweet balls (ladoos). Recite the Ganpati mantra.

Pitra Paksh (Shraddhapaksh)- Everyday during this period remember your (past) ancestors and offer them prayers. On the day of new moon (Amavasya) offer prayers to all forefathers and ancestors.

Sharad Navratri- Starting with the first of the bright fortnight in the month of Ashvin, install the ceremonial water (Kalash Sthapana) and worship Mother Goddess up to the eighth or ninth day of this fortnight. One attains intelligence, peace and comfort by worship of young maidens and by recitals of any of the following mantras with full faith and devotion to Mother Goddess “Om Aim Hrim Klim Chamundai Vicchi” or jay Ma Jay Ma or Durga saptasati path.

Vijay Dashami- All (good) actions carried out this day are generally successful. On this auspicious day Lord Ram is worshipped, prayed and meditated upon to obtain his blessings and favour. The day Ram routed Ravan.

Karava Chauth – For the attainment of long and continuous married life filled with peace and happiness in the family, married women should keep a fast without even sipping water. They should worship Lord Ganesh, Lord Shiv and Mother Gauri with the recitals of the Shiv-Ganesh-Gauri Mantras. In the evening, they should recite the legend connected with this occasion. At the moon-rise they should end their fast after offerings to the moon, then bow to their husbands and take evening meal.

Kartik Krishan (Narak) Chaturdashi (Shree Hanuman Janam)- Celebrate this great occasion with great enthusiasm and worship shree Hanuman jee with devotion and with chanting of the Hanuman mantra. With the grace of Shree hanuman, one attains happiness in life by reciting Shree Hanuman Chalisha or any other prayer in praise of Lord Hanuman.

Hanuman Mantra:

“Om Ram Dutay Vidmahey, Vayu putray Dheemahi, Tanno Hanumn pracho dyat.”

Kartik Amavasya (Deepawali)- In the evening, worship Ganesh, Mother Mahakali-Maha Lakshmi-MahaSaraswati, Lord Kuber-Vahi-Vasna and Shree Ramchandrajee. Thereafter distribute sweets and try to light the lamp of knowledge, faith and devotion both within yourself and outside.

Pradosh Vrat-

The Pradosh of Shani, Som and Bhaum are considered more auspicious. Those desirous of salvation, worldly pleasures and good progeny should keep a fast and worship Lord Shiv including ceremonial bathing of Lord Shiv (Shiv Abhshek).

Sankranti- On the every first day of the Hindu (son) month give donations at an auspicious time as prescribed in panchang. Offer prayers to God and listen to the name of the new month pronounced by an able Brahman. Distribute consecrated food.

Ekadashi Vrat- Every Ekadashi has a separate name. Try to gain victory over eleven senses (five of action, five of perception and mind) by keeping fast with no intake of grain while engaged in worship to Lord Narayan.

Maha Shiv Ratri Vrat- This is the fast of Shiv-ratri to be observed on the fourteenth day of the dark fortnight every month. It is considered as extremely favorable if one worships Lord Shiv and recites “Om Namah Shivay.”

Astrological Significance of Weekdays

रविवार –

राज्याभिषेक, उत्सव, यात्रा, नौकरी, क्रय-विक्रय, औषध सेवन व निर्माण, सोना-चांदी धातु कार्य, शिक्षा-दीक्षा, वस्त्र खरीदना, न्याय सम्बन्धी कार्य करना शुभ होता है ।

Sunday:-

Good day for coronation, festivities, travel, buying and selling, manufacture and taking of medication, metal work in gold-silver, education, initiation, buying clothes and for court (Justice) related activity.

सोमवार –

नूतन वस्त्र और रत्न धारण, चीनी आदि भोज्य पदार्थ, यज्ञ करना, दूध दही घृत सम्बन्धी कृत्य, स्त्री प्रसंग, क्रय-विक्रय, गीत, नृत्य, पशु सम्बन्धी कार्य, फूल लगाना, अक्षरारम्भ, विद्यारम्भ आदि कृत्य सोमवार को करना शुभ होता है ।

Monday-

Good for wearing new clothes and gems, buying groceries, performing Yajana business related to dairy products, buying and selling, music and dance, work related to animals, planting of flowers and for starting education.

मंगलवार –

अग्नि, चोरी, विष, शस्त्र, बन्धन, घात, शठता, दम्भ, पाखण्ड, सेना सम्बन्धी, धातु सोना, मूगा, वाद विवाद, अदालती कार्य, जासूसी नीति कार्य करना आदि अच्छा है। मंगलवार को ऋण लेना अच्छा नहीं होता ।

Tuesday –

It is a good day to pay off loan, involve in political matters, legal issues and discussions, acts of bravery, to spy. It is not good to take loan on this day.

बुधवार-

प्रशिक्षण कार्य, व्यापार, अध्ययन, कला, शिल्प, क्रीड़ा, सेवा वृत्ति, व्यायाम शुरू करना, सन्धिकार्य, विवाद, आदि कार्य शुभ हैं, किन्तु बुधवार को ऋण देना अच्छा नहीं होता ।

Wednesday-

Good for starting training, trade, learning, arts, sports and retirement. Also good for work related to marriage and compromise. Not a good day for lending money.

बृहस्पतिवार –

धर्मानिष्ठानादि कार्य, ज्ञान विज्ञान चर्चा, यज्ञ विवाह, मांगल्य, सोना सम्बन्धी गृह कार्य, वस्त्र, यात्रा, रथ आदि की सवारी वाहन आदि क्रय-विक्रय नया पद ग्रहण, नवीन वस्त्र आभूषण धारण करना, ध्यान योग शुरू करना बृहस्पतिवार को श्रेष्ठ है ।

Thursday-

Good day for religious activities, scientific and intellectual discourses, travel, buying and selling a vehicle, accepting or joining a new post, wearing new clothes or jewellery and starting Dhyanyog or auspicious activity.

शुक्रवार –

भूमि व्यापार, स्त्री सम्बन्धी संसर्ग, शय्या, मणि सुगन्धित द्रव्यों का क्रय विक्रय, फिल्म संगीत का कार्य शुरू करना, कृषि कार्य, प्रेम व्यवहार, ऐश्वर्य कार्य, उत्सव करना शुक्रवार को शुभ होते हैं।

Friday –

Good for land deals, buying bedding or jewellery of gems, starting film music or

love affair or festivities.

शनिवार — गृह प्रवेश व निर्माण कार्य, नौकर रखना, लोहे आदि मशीनरी कार्य शुरू करना, लोहा, पत्थर, शीशा, अस्त्र-शस्त्र धारण करना, पाप कर्म, चोरी, गवाही, विषादि कृत्य प्रशस्त होते हैं।

Saturday-

Good for building or entering a new house, hiring an employee, starting work with iron, stone or glass, using arms and ammunition, giving witness and for doing any inauspicious work.

सोमवार, गुरुवार, शुक्रवार और बुध प्रायः सभी कार्यों में शुभ होते हैं।

रविवार, मंगलवार तथा शनिवार ये वार उपरोक्त कार्यों में ही शुभ माने जाते हैं।



|| Shree Satya Narayanaji Vrat Katha ||

Katha Vidhi (performing method):

The Satyanarayan Pooja is performed in reverence to the Narayan form of Lord Vishnu. The Lord in this form is considered an embodiment of truth. This Pooja is conducted to ensure abundance in one's life. Many people carry out this Pooja immediately after or along with an auspicious occasion like a marriage, moving into a new house or any other success in life.

The Satyanarayan Pooja can be performed on any day. It is not a Pooja confined to any festivities. But Poornima (full moon) or Sankranti are considered to be most auspicious days for this Pooja. Performing this Pooja in the evening is considered more appropriate. However one can do it in the morning as well. On the day of the Pooja, the devotee has to fast. After bathing the person can begin the Pooja.

This is shown by characters who ignored their promise to perform the Pooja after their wish had been fulfilled. They suffered as a result. Therefore one is to deduce that one must stick to the promise given to the Lord in exchange of the desire fulfilled by His Grace. One is not to ignore and/or forget the Lord's Grace. Prasad is symbolic of God's Grace which Kalavati ignored as she learned of her husband's safe return.

Materials needed for the Pooja:

- ::- Kumkum powder, turmeric powder, Rangoli, Sandal paste.
- ::- Incense sticks, camphor.
- ::- Betel leaves, betel nuts, two coconuts.
- ::- Five almonds.
- ::- Flowers to offer.
- ::- Tulsi leaves; banana leaves.
- ::- One square shaped wooden platform.
- ::- Two kalash (Lota), two plates.
- ::- One shawl, Two meter white cloth.
- ::- A mixture of milk, curd, honey, sugar, Ghee to make the Panchamrut.
- ::- Akshat (rice grains).
- ::- Attar (Indian perfume).
- ::- Two flower garlands, conch shell, bell, an idol of Balkrishn, a cloth, a ghee lamp.

Katha Chapter: 1:

Shree Satyanarayan Katha comes from the Skandh Puran, Reva Kaand. Soot Puraanik ji narrated these stories, in Neimishaaranya to the Rishis who were performing a 1,000 year Yagya for the benefit of mankind lead by Shounakji.

The rishis asked Soot Puraanik ji, in the coming kala yug, what will the benefits of vrat and tapsya be? Puraanik ji then replied to the rishis by narrating the tale of when Yogiraj Narad Muni asked the same question to Lord Vishnu.

For those who observe the fast religiously and regularly, there are some great lessons to be learned from the Katha.

Once upon a time while travelling the three worlds, Yogiraj Narad Muni reached Mrutyulok (planet earth), where he witnessed human beings who were suffering immensely. He was very much pained to see all this. In an attempt to help those people, he visited the abode of Lord Vishnu, who alone can relieve the mankind from the sufferings.

There he met the Almighty Lord Vishnu with four arms carrying the Shankh (conch), Chakra, Gada, Padma (lotus), wearing Tulsi Mala (banmala garland) in his neck. Yogiraj Narad Muni then started to pray to Lord Vishnu and requested "Oh Lord! You are the supreme power, nothing can touch you, not even wind or mind can get you, your power is limitless, you know everything, and you help your devotees to overcome their sufferings and sorrows." Hearing all the pleadings of Sadhu Narad Muni, the Almighty Supreme Lord Vishnu, knowing everything asked Narad Muni "Oh Narad! Why have you come to me and what do you want from me, tell me, I want to hear the same from you."

Yogiraj Narad Muni replied "Oh Lord! I just went to Mrutyulok, where I saw all kinds of human beings suffering in sorrow due to their previous karm. Oh Lord! The Almighty, is there no way to reduce their suffering, or grant them moksh." The Lord, at once replied "Oh Narad! You have asked a very good question for the benefit of all human kind."

To free mankind from all sufferings, and to ultimately reach Heaven there is one Satyanarayan vrat (fast), today I will tell you all about it. Anyone who does Shree Satyanarayan vart and Pooja (prayer) in the right way will get all the pleasures on earth and will reach their goal.

Yogiraj Narad Muni then asked, "Oh Lord! Has anyone kept this fast before? This vrat is done on which day and how exactly is it done? Please do let us know all the details."

Whosoever does Bhagwan Shree Satyanarayan ji katha with a Brahmin and his family with full rites will be relieved of his sufferings and sorrows. He will be bestowed with increase in wealth and wisdom; will be blessed with children; will get overall victory and increased devotion.

For this prayer, one requires ripe bananas, ghee, milk, halwa (Sheera) or chooran (made with wheat flour, ghee, and sugar). After the prayers, all who are present take the prasad and eat it with their meals. They then sing, praise, chant bhajans and jagran of Lord Satyanarayan. By doing this, their wishes will be fulfilled. This vrat in kalyug gives the boon very quickly.

Satyanarayan ji Katha Chapter: 2

The Lord said "Oh Narad! Now I will tell you about the first person who did this fast. In the city of Kashipuri (Varanasi), there used to live an innocent Brahmin. In hunger and thirst, he used to wander from one place to another. When the loving Lord saw the Brahmin in sorrow, he took disguise of an old Brahmin and asked him, "Oh Dear! Why are you so sad? Please tell me about your difficulties. Is there any way I could help you out?"

The Brahmin told the Lord, "I am a Brahmin and I roam daily for my food. Do you know if there is any way to come out of all this sorrow?"

The Lord disguised as an old Brahmin said "Lord Satyanarayan ji grants all the wishes of all the people. Dear Brahmin that is why if you pray to him and keep his fast you will overcome all your sorrows and receive moksh." After telling him all the details of the prayer and the fast, the Lord disappeared.

The Brahmin could not sleep that night. He kept thinking of the fast and prayer which the Lord had asked him to do. In the morning, he woke up with the thought that he must do the prayer no matter what and went out for his bhiksha. On that day the Brahmin received lots of money from which he bought all the necessary supplies for the prayer. He then when home to his family and preformed Lord Satyanarayan ji prayer. By doing so, the Brahmin overcame all his sorrows and became rich. From that time onwards, he used to do the prayers every month.

In this way, whoever does Lord Satyanarayanji's prayer will get moksh. Anyone on earth who does this prayer will be relieved from all sorrows.

The same Brahmin now a rich person used to do the prayer every month without fail with his family. One day while he was preforming the prayer, a wood-cutter was passing by his home. After placing the bundle of wood outside the Brahmin's house, he went in for some water. The thirsty wood-cutter saw the Brahmin doing his prayers. He bowed down to the Brahmin and asked him, "Oh Brahmin, what are you doing, please tell me about it." The Brahmin replied, "To grant all the wishes of human-beings, this fast and prayer is useful. I have acquired all the wealth and fame by doing this prayer of Lord Satyanarayan ji." After hearing about the prayer the wood-cutter received the prasad, and made a promise to perform the prayer.

Keeping Lord Satyanarayan ji in his mind, the wood-cutter said "Whatever money I get from selling the wood, I will use to perform this prayer." He then took the bundle of wood on his head and left home-wards. On the way home he went roaming in Kashi Nagari to sell the wood. On that day, he received double the money than usual for the wood. Feeling happy, he went and bought all the things necessary for the prayer. Upon reaching his home, he cleaned it. Then with his family and a priest, he had the prayer preformed with due respect.

The reward of the fast was that, he became rich and had all the pleasures of life on this earth. At the end of his life he went to Satya Lok.

This 2nd chapter of Lord Satyanarayan Swami is over. All chant **Shri Satyanarayan ji ki Jai.**

Satyanarayan ji Katha Chapter: 3

Soot Puraanik ji said, "Oh dear rishis!, Now let me tell you another story. There was a king named Ulkamukh who was said to be very wise. He would visit the temple daily and give donations to the Brahmins. His wife was a pious and beautiful lady. One day, on the banks of Bhadrashela river, where they were doing Lord Shri Satyanarayan ji prayer, a wealthy businessman was passing from there. He anchored his boat, went up to the king and asked him, "Oh King, what are you doing with so much bhakti? I wish to know, please tell me all about it."

The king replied, "Oh merchant! I am praying to the great Almighty, the boon-giver Lord Satyanarayan ji for a son." The merchant on hearing this, requested the king to tell him all about the fast and prayer as he was childless as well. The king told him the full details of the prayer and fast. After hearing all the details, he decided in his mind to perform the prayer and keep the fast. The merchant then left home-wards. On reaching his home, he told his wife Leelawati all about the Satyanarayan fast and prayer. He said to her, "We will do this fast when we get a child."

One day, with the grace of Lord Satyanarayan ji his wife gave birth to a beautiful daughter, whom they named Kalawati. Days passed by; one day, Leelawati reminded her husband about the Satyanarayan prayer and requested him to fulfil his promise. The merchant told his wife that during the time of Kalawati's wedding he would perform the fast and prayer. For at the moment he was busy in his business; so saying he left for his business trip to various villages.

Kalawati grew up to be a beautiful girl. When the merchant saw that his daughter was of marriageable age, he called the match-maker and requested him to search an equal match for his daughter. Hearing the merchant's request, the match-maker reached Kanchan Nagar. From there, he brought the proposal of a young boy.

The merchant liked the proposal and married his daughter to the boy. The marriage was done with all the religious ceremonies and rituals. Unfortunately, the merchant forgot about his promise to do Lord Satyanarayan ji prayer. The Lord was angry at the false promise made by the merchant.

The merchant, after a few days, left for a business trip with his son-in-law. They anchored their boat in a beautiful village, named Ratanpur. In those days, King Chandraketu used to rule the village. The Lord was angry with the merchant for the false promise made by him, and so he wanted to teach him a lesson.

One day, the thieves stole wealth from the king's palace. Seeing the guards following they hid the stolen treasure near the merchant's ship and disappeared. When the guards reached the merchant's boat, they saw all the king's wealth hidden nearby. Thinking them to be robbers, they hand-cuffed the merchant and his son-in-law and took them to the king Chandraketu. The guards said to the king that they were responsible for the theft. The king, without questioning or listening to them ordered to put them in a dark cell. Due to Lord Satyanarayan ji maya, nobody heard them. Even their wealth was confiscated by the king.

At the merchant's home, thieves had robbed all the wealth. His wife and daughter had to beg for their daily food. One day, begging for food, Kalawati reached a Brahmin's house where at that time Lord Satyanarayan ji's pooja was being performed. After listening to the prayer and taking the prasad, she left for home. By that time, it had become dark.

Leelawati was worried. She asked her daughter Kalawati, why are you so late? To which Kalawati told her mother, "Oh Mother, today in a Brahmin's house, I heard the Satyanarayan prayer. By doing this prayer and fast, all your wishes get fulfilled." On hearing this, Leelawati remembered that her husband had promised to do this prayer during their daughter's marriage. Leelawati then started making all the preparations for the prayer of Lord Satyanarayan ji. She performed the fast and prayer, asking the Lord for forgiveness and for her husband and son-in-law to return home safely.

Lord Satyanarayan ji was pleased with the prayer and fast. One day, he told king Chandraketu in his dream, "Oh King, You must release the merchant and his son-in-law from the dark cell, tomorrow morning. Give them their wealth and set them free. If you do not do so, your kingdom will be destroyed." In the morning, the king called the court and told them about the dream.

The court after hearing about the dream, came to the conclusion to free the merchant and his son-in-law. They asked the guards to bring the prisoners from the dark cell. King Chandraketu then gave them good clothes, and returned them all their wealth and more, followed by setting them free. The king told them that due to their wrong-doings, they had to undergo this suffering, but now there was nothing to fear and they could go back home. They bowed down to the king then left home-wards.

This 3rd chapter of Lord Satyanarayanji is over. All chant **Shri Satyanarayan ji ki Jai.**

Satyanarayan ji Katha Chapter: 4

Soot ji then continued, "The merchant prayed first, then gave some wealth to the Brahmin before starting his journey home-wards. When they went little further, Lord Satyanarayan ji wanted to test them. He took the disguise of a swami and went up to the merchant and asked him, "What is in your boat, give me little from there." In his ego & pride, the merchant replied, "Oh swami, we have nothing in our boat except hay and leaves." On hearing such harsh words of the merchant, the Lord said, "Your words will be true". So saying, he left and sat on the bank of the river.

When the Lord went away, the boat started to rise higher in the water. The merchant was surprised at this. When he went to check in the boat, he saw that his boat was filled with hay and leaves. Seeing this he fainted. When he came to his senses, he was very much worried. He said "How could this happen?" At this, his son-in-law told him, "Do not cry over this. All has happened because you spoke harshly to the swami and lied to him. Still, nothing is lost. You could go back to him and ask for forgiveness. He will set everything right.

The merchant, after hearing the words of his son-in-law went in search of the swami. He bowed down before him and with respect said, "Oh Lord, please forgive me for the false harsh words that I have spoken to you." When the Lord, saw the merchant in his state of sorrowfulness and crying for forgiveness, he said, "Do not cry. Listen to me. Oh foolish person, due to your false promise, you have seen all this sorrow and suffering." On hearing the Lord say this, the merchant said, "Oh Lord, Nobody can recognize your maya. Not even the Gods or Brahmins know your ways and forms. I promise that I will pray to you", so saying he asked for forgiveness. He said, "Please forgive me, and let my boat be filled with wealth once again, like before."

On hearing the merchant's words filled with bhakti, the Lord was happy and he fulfilled his wish. When the merchant mounted his boat and saw it full with wealth again, he thanked the Lord and said, "With Lord Satyanarayan ji grace, my wish is fulfilled. When I reach home, I will do his prayer and fast", so saying he left home-wards.

When the merchant saw that his home-town Ratanpur nearing, he sent a messenger in advance to his house to inform his wife and daughter of his home-coming. The messenger upon reaching the merchant's house, gave the message to the merchant's wife.

Leelawati had just finished doing her Satyanarayan Pooja. She told her daughter to finish doing the prayer and then come receive her husband and her father. Kalawati finished doing her prayer quickly, without taking the prasad left to meet her husband. The Lord got angry at her behavior, so he drowned her husband with the boat. When Kalawati did not see her husband; she was shocked and she fainted on the floor.

On seeing his daughter in this state along with the sudden disappearance of the boat, the merchant was shocked. He prayed to Lord Satyanarayan ji, asking him to take them out of this difficulty. The Lord then made an announcement to them, "Oh merchant, your daughter, in a hurry to meet her husband has left my prasad; hence you cannot see her husband. Now, when she goes back and takes the prasad with due respect; only then she will see her husband." On hearing the voice, Kalawati ran home, ate the prasad and returned to meet her husband. When the merchant saw this, he was very happy.

The merchant then did Lord Satyanarayanji's prayers and fast with his family every month. Finally, he had all the pleasures of life and after death, he went to Satya Lok.

This 4th chapter of Lord Satyanarayanji is over. All chant **Lord Satyanarayan ji ki Jai**.

Satyanarayanji Katha Chapter: 5th

Soot ji then further narrates, "Oh rishi's, listen further to another story."

A king named Tungdhvaj was famous for his generosity to his subjects. But he had to suffer a lot, due to the disrespect he had shown to the prayer of Lord Satyanarayan ji and his prasad, which he did not accept when it was offered to him.

One day, when hunting in a forest, he was separated from his soldiers. Tired and thirsty he found a pond where he drank water and he sat down under a banyan tree. There he saw a few villagers doing the prayer of Lord Satyanarayan ji. The King saw all this but due to his false ego, neither did he join them nor bowed down to the idol of the Lord. When the villagers gave him the prasad, he did not accept it and went away from there.

When the King reached his Kingdom, he saw that everything was destroyed and all his 100 sons were sick. The King realized that this had happened all due to his disrespect of the Lord Satyanarayan ji prasad. He then rushed back to the place where the villagers had been doing their prayers. There he joined in and preformed the prayers of Lord Satyanarayan ji and received prasad and charnamrut. After the prayer he returned home with the prasad and charnamrut. When he returned all of his sons had recovered and everything had returned to the way it was. He got back all his wealth and comforts of life. Finally at the end of his life he went to Satya Lok.

Anybody who keeps this fast with full faith and recite the prayers of Lord Satyanarayanji; all his wishes will be fulfilled. With the grace of the Lord, he will get eternity; the wealthless will receive wealth, they will go to heaven and finally will come out of the circle of birth and death.

The names of the persons who kept this fast and took re-birth are as follows :-

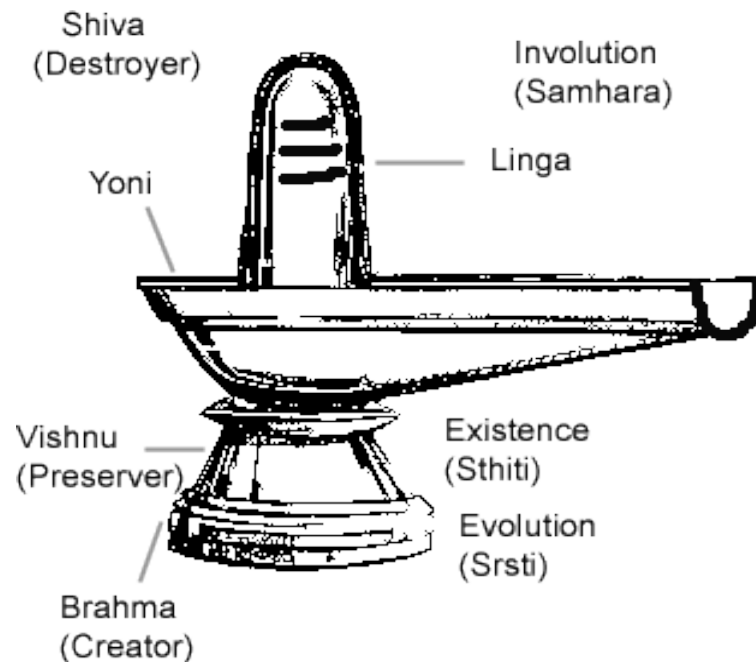
The Brahmin was re-born as Sudama Ji. In that life he served the Lord Krishna and attained moksh. The wood-cutter was reborn as a Kewat, who served Lord Ram and attained moksh. King Ulkamuk took birth as King Dashrath, and in that life he became the father of Lord Ram and attained moksh. The merchant took birth as King Moradwaj, who cut himself in half and offered to the Lord and received moksh. King Tunghdwaj was born as Swyambhuv Manu who taught mankind about Lord Vishnu and received moksh. In this way, whoever does Lord Satyanarayan ji prayer will be free from all sorrows and will ultimately attain moksh.

This chapter of Lord Satyanarayanji is over. All chant (say) **Lord Satyanarayanji ki Jai.**

Aarti Sree Satya Narayan ji ki

**Jay Lakshmi Ramna, Jay Lakshmi Ramana .
Satya Narayan Swami, Jan Patak Harana.
Ratn Janet Sinhasan Adabhutchabe Rajai.
Narad Karatnerajan Ghanta Dhvni Bajai. (Jay)
Pragat Bhayai Kali Karan Dwij ko Daras Diyo.
Burao Brahaman Banke Kanchan Mahal kio. (Jay)
Durbal Bheel Katharo, Jinpar Kripa Kari.
Chandra Choor Eak Raja, Tinkee Vipta Hari(Jay)
Vaishya Manorath Payo Shraddha Taj Deene.
So Fal Bhogyo Prabhu Jee Fir Styti Keenhi. (Jay)
Bhav Bhakti Ke Karan Chin Chin Roop Dharyo.
Shraddha Dharan Keene, Tinko Kaj Saryo. (Jay)
Gval Bal Sang Raja Van Mee Bhakti Kari.
Manvanchit Fal Deenho Deen Dayal Hari. (Jay)
Charat Prasad Savayo Kadlee Fal Meva.
Dhoop Deep Tulse Se Raji Saty Deva.(Jay)
Sree Satyanarayan Jee Ki Aarti
Jo Koyi Nar Gavai.
Bhagatdas Tan-Man Shukha Sampate
Manvanchit Fal Pavai. (Jay)**

Shiv The Supreme: Shiv Ling, The Mandal



The frame of the cosmic reality, according to ancient Hindu thought, consists of the three fundamental states called evolution (Shrishi), existence (sthati), and involution (samhara) that acts in a cyclic process of infinity. Each one of the forms is controlled by a God, named Brahma (the creator), Vishnu (the preserver) and Siva/Shiva (the destroyer); these three Gods are called the Trinity. Shiva, being the last to complete the cycle from where the new cycle starts, is known as Mahadeo, the Supreme Divinity. The iconographic form of the Shiva, the Linga represents the unity of the three states of cosmos (shown in above figure). The Linga consists of the three parts. The first is a square base of three-layers at the bottom showing the three mythical realms (lokas), symbolizing evolution the place of Brahma. The second is an octagonal round form in the middle showing the eight directions, symbolizing existence or perseverance the place of Vishnu; and third is a cylinder at the top with a spherical end, symbolizing involution or completion of the cosmic cycle the place of Shiva. This icon shows the supreme state of integrity, the ultimate form of Shiva linga itself is a symbol of cosmic mandala. As Sadasiva (eternal reality) Shiva is represented as linga, standing also for 'total knowledge'. As Rudra, the destroyer, his consort is Kali. As Bhairava, the terrible destroyer, his consort is Durga. As a jovial god living in the Himalaya his wife is Parvati. As possessor of all forms of divine power Shiva rooms at the bottom of everything that is moving, that is how he is called Ishvara, derived from I-cara, i.e. I the centre, and cara, the rhythm of movement. Shiva is also depicted as cosmic dancer, Tandava Nartakari, the one who keeps up the rhythm of the world in cosmos.

**** Special Note:**

Above all information regarding Shivlinga and it's description has been taken from "The Linga Puran" and the book "Banaras Region: A spiritual & Cultural Guide. Indica Books, Varanasi. Piligrimage & Cosmology Series:

॥ शिव पञ्चाक्षर स्तोत्र ॥

॥ Shiv Panchakshar Stotr ॥

नागेन्द्रहाराय त्रिलोचनाय भस्माङ्गरागाय महेश्वराय ।

नित्याय शुद्धाय दिगम्बराय तस्मै 'न' काराय नमः शिवाय ॥

Nagendraraharay Trilochnay Bhasmangragay Maheshvray ।

Nityay Shudhay Digambray Tasmai 'Na' Karay Namah Shivay ॥

Salutations to the ashes-clad, three-eyed Lord, embodied as the first latter Na, who is pure, nude eternal and whose is the lord of serpents.

मन्दाकिनी सलिल चन्दन चर्चिताय नन्दीश्वर प्रमथ नाथ महेश्वराय ।

मन्दार पुष्प बहु पुष्प सु पूजिताय तस्मै 'म' काराय नमः शिवाय ॥

Mandakini Salila Chandan Charchitay Nandishvr Pramath Nath Mahesvaray ।

Mandar Pushp Bahu pushp Su Pujitay Tasmai 'Ma' karay Namah Shivay ॥

I bow to Him, embodied as makara, who is adorned with innumerable divine flowers as mandar and the like, who is the Sovereign king of the Pramatha Ganas and whose body is anointed with the holy waters of the celestial Ganga.

शिवाय गौरी वदनाब्जविन्द – सूर्याय दक्षाध्वर नाशकाय ।

श्री नीलकण्ठाय वृषध्वजाय तस्मै 'शि'काराय नमः शिवाय ॥

Shivay Gauri Badnabjavind Suryay Dkashadhvar nashkay ।

Shri Neelkanthay Vrikhdhvjay Tasmai 'Shi' karay Namah Shivay ॥

To the blue necked Lord, embodied as letter Si, the destroyer of Daksha's sacrifice and the resplendent Sun of Gauri's lotus-face, whose banner bears the emblem of bull, may our salutations be.

वसिष्ठ कुम्भोद्भव गौतमार्य- मुनीन्द्र देवार्चित शेखराय ।

चन्द्रार्क वैश्वानर लोचनाय तस्मै 'व' काराय नमः शिवाय ॥

Vasisth Kumbhodbhav Gautamary Munindra Devarchit Shekhray ।

Chandrark Vaisvanar Lochnay tasmai 'Va' karay Namah Shivay ॥

I prostrate before the god of gods, embodied as Vakara, whose eyes are sun, moon and the fire and whom the gods and the great sages like Vasishtha, Agastya and Gautama, ever pray and worship.

यक्ष स्वरुपाय जटाधराय पिनाक हस्ताय सनातनाय ।

दिव्याय देवाय दिगम्बराय तस्मै 'य'काराय नमः शिवाय ॥

Yaksha Svarupay jatadharay Pinak Hastay Sanatnay ।

Divyay Devay Digambaray Tasmai 'Ya' karay Namah Shivay ॥

Prostrations to the ancient naked God, embodied as the letter Ya, the Yaksha incarnate whose hairs are long and who holds Pinaka in His hand.

पञ्चाक्षरं इदं पुण्यं यः पठेत् शिव सन्निधौ । शिवलोकम् वाप्नोति शिवेन सहः मोदते ॥

Panchakshar Idam punayam Yah Pathet Shiv Sannidau ।

Shivalokam vapnoti Shiven Saha Modate ॥

Whoever repeats this prayer, composed with the five holy letters before Lord Shiv, attains that supreme abode of His and enjoys there with Him in eternal bliss.

॥ श्री मत् शंकराचार्य विरचितं शिवपञ्चाक्षर स्तोत्रं सम्पूर्णम् ॥

एक दृष्टि में सन् २०१७-१८ ई० में संक्रान्ति, एकादशी, प्रदोष, सत्यनारायण, गणेशचतुर्थी, अमावस्या, पर्व							
An overview of Fast & Festivals 2017-2018							
Month 2017	मास २०१७	संक्रान्ति Sankranti	एकादशी व्रत Ekadashi Vrat	प्रदोष व्रत Prad osh	सत्यनारायण व्रत Satyanaray an Vrat	गणेश चतुर्थी Ganesh Chaturthi	अमावस्या Amavasya
January	जनवरी	१४ (माघ) 14 Maagh	8,23	10,25	12	2,15	27
February	फरवरी	१२ फाल्गुन 12 Falgun	7,22	8,24	10	31,14	26
March	मार्च	१४ चैत्र 14 Chaitra	8,24	10,25	12	2,16,31	28
April	अप्रैल	१३ वैशाख 13 Vaishakh	7,22	8,24	10	14	26
May	मई	१४ ज्येष्ठ 14 Jyeshth	6,22	8,23	10	14,29	25
June	जून	१५ आषाढ़ 15 Aashadh	5,20	6,21	8	13,27	24
July	जुलाई	१६ श्रावण 16 Shravan	4,20	6,21	9	12,27	23
August	अगस्त	१६ भाद्रपद 16 Bhadra	3,18	5,19	7	11,25	21
September	सितम्बर	१६ आश्विन 16 Ashvin	2,16	3,17	6	10,24	20
October	अक्टूबर	१७ कार्तिक 17 Kartik	1,15,31	3,17	5	8,23	19
November	नवम्बर	१६ मार्गशीर्ष 16 Marg Sheersh	14,30	1,15	4	7,22	18
December	दिसम्बर	१५ पौष 15 Paush	13,29	1,15, 30	3	6,22	18
January 2018	जनवरी २०१८	१४ (माघ) 14 Maagh	12,28	14,29	1,31	5,20	16
February	फरवरी	१२ फाल्गुन 12 Falgun	11,26	13,27	-----	3,19	15
March	मार्च	१४ चैत्र 14 Chaitra	13,27	14,29	1,30	5	17

Pt. Ravindra Narayan Pandey Ph. (613) 228-1305